

# Regional Trainings



## Adaptive Track and Field Regional Training for Ohio Middle/High School Coaches and Students (Grades 7-12)

### Dates/Locations:

Southwest: Sunday, January 22, 2017 – Edgewood High School, Trenton, Ohio

Southeast: Sunday, January 29, 2017 – Lancaster High School, Lancaster, Ohio

Northeast: Saturday, February 18, 2017 – Midwest Community Center, Dalton, Ohio

Northwest: Sunday, February 19, 2017 – Findlay High School, Findlay, Ohio

### Students

**What:** Get fitted for a track chair, learn the basics and get ready to join your schools track team.

**Time:** 12:30-4:30 p.m.

**Who:** Male and female students grades 7-12 with a primary physical disability. Not restricted to wheelchair users; appropriate for individuals who are ambulatory and have orthopedic disabilities.

#### Agenda:

- Equipment fittings
- Chair parts/maintenance
- Chair propulsion/technique
- OHSAA wheelchair events guidelines/eligibility

**Cost:** \$200 for students borrowing equipment. (**Free for low income students**; See website for guidelines.) ASPO multi-sport discount eligible.

**Registration:** Required no later than Monday prior. No onsite registrations accepted. Online here: <http://bit.ly/2ieG0se>

### Coaches/Athletic Directors

**What:** Get hands on training and learn about adaptive track and field from experienced coaches.

**Time:** 2:00-5:30 p.m.

**Who:** Middle and High School Coaches and Athletic Directors

#### Agenda:

- Chair parts/maintenance
- Chair propulsion/technique
- OHSAA wheelchair events guidelines/eligibility
- Coaching students with physical disabilities
- Q&A

**Cost:** Free

**Register:** RSVP required no later than Monday prior. No onsite registrations accepted. Online here: <http://bit.ly/2ieFDOR>

Support for this event provided by:



Adaptive Sports Program of Ohio



More information: [Director@AdaptiveSportsOhio.org](mailto:Director@AdaptiveSportsOhio.org), 330-985-0085  
[AdaptiveSportsOhio.org/Regional-Trainings](http://AdaptiveSportsOhio.org/Regional-Trainings)