

Regional Trainings



Adaptive Track and Field Regional Training for Ohio Middle/High School Coaches and Students (Grades 7-12)

Dates/Locations:

North: Saturday, February 3, 2018 – Midwest Community Center, Dalton, Ohio

Northeast: Saturday, February 24, 2018 – Austintown Fitch High School, Austintown, Ohio

Students

What: Get fitted for a track chair, learn the basics and get ready to join your schools track team.

Time: 12:30-4:30 p.m.

Who: Male and female students grades 7-12 with a primary physical disability. Not restricted to wheelchair users; appropriate for individuals who are ambulatory and have orthopedic disabilities.

Agenda:

- Equipment fittings
- Chair parts/maintenance
- Chair propulsion/technique
- OHSAA wheelchair events guidelines/eligibility

Cost: \$200 for students borrowing equipment. ASPO multi-sport discount eligible. Payment is due on the date of training.

Registration: Required no later than the Saturday prior. No onsite registrations accepted. Online here: <http://bit.ly/2AxNP3R>

Coaches/Athletic Directors

What: Get hands on training and learn about adaptive track and field from experienced coaches.

Time: 2:00-5:30 p.m.

Who: Middle and High School Coaches and Athletic Directors

Agenda:

- Chair parts/maintenance
- Chair propulsion/technique
- OHSAA wheelchair events guidelines/eligibility
- Coaching students with physical disabilities
- Q&A

Cost: \$25.00. Payment is due on the date of the training.

Register: RSVP required no later than Saturday prior. No onsite registrations accepted. Online here: <http://bit.ly/2Awj4we>

**More information: Director@AdaptiveSportsOhio.org, 330-985-0085
AdaptiveSportsOhio.org/Regional-Trainings**